

**Parental styles as predictors of adult attachment, emotional dependency and psychological abuse in adult couple relationships** (pp. 359-377)

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The psychological abuse is the most used violence form in the relationships. The present study proposes to analyze the affective relations with parents in the childhood, with the aim to explore how they have rebound in the adulthood when they maintain their relationships. In consequence, the objectives of this study are to analyze the relation between the parenting styles and the attachment with the emotional dependency and the psychological abuse in the relationships, as well as to analyze the predictive role of the parenting styles on the mentioned variables and finally, to check if the emotional dependent people present dysfunctional schemes of dependency. The sample was composed by 269 participants (219 women and 50 men) with ages between 18 and 65. The results showed how the parenting styles, above all the emotional privation in the childhood, will predict the emotional dependency, permanence in abusive relationships and the establishment of relationships were emotional dependency with the psychological abuse will be present.